In the 18 months before the programme I was abusive to my partner as follows:

|  |  |
| --- | --- |
|  | Approximate number of times |
| Verbal abuse  eg. swearing/ shouting/ putdowns |  |
| controlling behaviour  eg.threats/ orders/ guilt trips |  |
| Sexually controlling  eg. Pressuring for sex |  |
| physical abuse  eg. Pushing or hitting |  |
| Physical abuse resulting in marks / injury  eg, bruises, cuts |  |

In the 18 months following the programme I was abusive to my partner as follows:

|  |  |
| --- | --- |
|  | Approximate number of times |
| Verbal abuse  eg. swearing/ shouting/ putdowns |  |
| controlling behaviour  eg.threats/ orders/ guilt trips |  |
| Sexually controlling  eg. Pressuring for sex |  |
| physical abuse  eg. Pushing or hitting |  |
| Physical abuse resulting in marks / injury  eg, bruises, cuts |  |

**AS A RESULT OF THE PROGRAMME:**

Question 1 - the mother’s safety is

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 2 - the children’s safety is

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 3 – my relationship with my children is

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 4 – my relationships with the mother of my children is

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 5 – I have increased awareness of the impact of abusive behaviour on my children

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 6 - my parenting has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 8- my contact with the children has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 9- my ability to manage conflict non-abusively has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 10 – my ability to manage my children’s behaviour using positive discipline has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 11 – the Liklihood of my using future violence to partner has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 12 – the Liklihood of my using controlling behaviour to partner has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 13 – the Liklihood of my injuring a partner in future has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |

Question 14 – the mother’s ability to protect herself has

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all improved | Somewhat  improved | Significantly  improved | Substantially  improved | Very much improved |
|  |  |  |  |  |